

Wiltshire Council

Health and Wellbeing Board

30 January 2020

Subject: Joint Targeted Area Inspection of Children's Mental Health

Executive Summary

1. The purpose of this report is to provide an overview to Health and Wellbeing Board on the Joint Targeted Area Inspection (JTAI) into children's mental health and how partner agencies across Wiltshire are preparing themselves for a potential inspection in this area.
2. Board has previously reviewed and endorsed a CAMHS transformational plan. The effectiveness of this plan will be further tested through our preparation for the JTAI.
3. Findings from the activities described within the paper will be shared with Board in due course.

Proposal(s)

1. There are no specific proposals at this time for board to consider. Board is asked to note and endorse the report and methodology used in preparation for a potential JTAI.

Reason for Proposal

1. The purpose of this report is to provide an overview to Health and Wellbeing Board on the Joint Targeted Area Inspection (JTAI) into children's mental health, noting the CAMHS transformational plan recently agreed.
2. Joint targeted area inspections, are carried out by Ofsted, HMI Constabulary and Fire & Rescue Services, the Care Quality Commission, and HMI Probation. These are thematic inspections designed to look at how well local agencies work together in an area to protect children. Ofsted lead these short-notice inspections, there is no specific timescale for these inspections but as a 'Good' local authority we can expect either a JTAI or short focused visit from Ofsted before our next full children's services inspection which is likely to occur sometime in or after 2022.
3. Ofsted has announced the theme for the current round of JTAI inspections which commenced in September. A total of six inspections will take place. This year these inspections will examine how local services respond to children living with mental ill health, including:
 - local authorities

- schools
- the police
- youth offending teams
- health professionals

4. These inspections will include an evaluation of 'front door' services and how agencies are identifying and responding to children with mental ill health.

5. Inspectors will undertake a deep-dive inspection of how agencies assess and support the mental health of children aged 10 to 15 years old who are subject to child in need or child protection plans or are a looked-after child.

6. Tracking is an in-depth, 'end-to-end' look at the experiences of between five and seven children who are living with mental ill health and in receipt of multi-agency services.

7. The inspection team will use a joint-agency methodology to focus on how agencies work collaboratively with partners to identify children experiencing mental ill health and how they intervene early to support these children when problems arise. Partners may be working with children who are awaiting a service or having difficulty accessing the right support. The JTAI is interested in how they provide ongoing support to these children and their families, and the impact on children of delays in accessing services.

8. The JTAI is used as an opportunity to examine how leaders in the partnership work together to understand the needs of children in their local area who have mental ill health. Ofsted will look at how they commission and evaluate services, so that children and their families have access to the right support at the right time.

9. The findings of the JTAI will influence the timing of any future inspections.

10. In September 2019 Health and Wellbeing Board received a paper outlining the Local Transformation Plan for Children and Young People's Mental Health and Wellbeing 2019-20. The paper summarised the key achievements for the past 12 months and identified the activity that would be prioritised in the year ahead, this includes:

- Launch the new **Single Point of Access** within the Community CAMHS service. This will reduce waiting times, give children, young people, parents and referrers a better 'first-time' experience of CAMHS, offer earlier support to those waiting for their first appointment.
- Recommission a '**mental health early intervention**' service, to include talking therapies, that offers greater equality of access and which targets children and young people at highest risk of developing mental health disorders. This new service will be designed to dovetail with our CAMHS Single Point of Access ensuring a seamless service. Coproduction and market engagement events have strongly influenced the service design. This service will be required to innovate to improve access rates 'upstream'.
- Deliver two **Mental Health Support Teams** in Wiltshire. This project is in

the implementation phase and commences from January 2019 when new trainees will be appointed and begin their training. New staff will be based in schools and employed by Oxford Health NHS Foundation Trust, ensuring synergy with the Community CAMHS service. Again, this work will improve access to psychological therapies earlier.

- Extend the **Mental Health Liaison** service at Great Western Hospital to bring greater parity with the crisis services delivered at RUH and Salisbury District Hospitals.
- Begin planning for **24/7 crisis support services** as specified within the Long Term Plan.
- Begin planning for a **0-25 service** as specified within the Long Term Plan.
- Ensure that all commissioned services are flowing data to the **Mental Health Services Data Set**, via appropriate contracting arrangements.
- Evaluate the impact of the embedded CAMHS worker within the **ASD pathway**, to inform future design, development and resourcing.
- Drive forward, and monitor, the work to support children and young people earlier who have social, emotional and mental health needs, through the **SOMEHOW and Harbour projects**. These take multi-disciplinary, case-formulation approaches to addressing need in the primary population (4-11 years) and include children with ASD and learning disabilities.
- Agree and implement the new resourcing structure for **embedded CAMHS staff** within families and children's teams. This will enable more robust, and better understood, mental health pathways for looked after children, children with SEND, and children and young people at risk of Child Sexual Exploitation as well as Unaccompanied Asylum-Seeking children.
- Track and monitor delivery of mental health outcomes via our local '**outcomes scorecard**'. Use this data to report outcomes and plan priorities beyond the life of this local transformation plan.
- Continue to focus on **driving down waits** for both referral to assessment and referral to treatment.
- Continue focusing on prevention and promotion of positive wellbeing and further action to tackle stigma and discrimination through ongoing development of the **Wiltshire Healthy Schools Programme**, OnYourMind website, Anti-bullying initiatives and through children and young people's participation and involvement.
- Ensure alignment of the priorities of the Local Transformation Plans for BaNES, Swindon and Wiltshire with those of **BSW Mental Health Strategy**, and future integration of those plans.

11. In preparation for a potential JTAI inspection into children's mental health, the Director Families and Children is leading a working group comprising of all key partner agencies and relevant departments across the council.

12. A joint agency self-evaluation exercise is currently underway using the published JTAI grade descriptors. This exercise involves each individual department and agency evaluating their own current performance. The group will come together in December to share findings. Through this approach we will identify the strengths and areas for development across the partnership. Findings will then be reviewed against the priorities identified in the LTP to test whether the actions already identified will fully resolve any of the weaknesses that are identified through the evaluation carried out using the JTAI grade descriptors.

13. The same group will work together to ensure the partnership is 'inspection ready'. Each agency and department has identified a lead officer who will respond on behalf of their service if an inspection is announced; detailed data, intelligence and assessments will need to be shared quickly with Ofsted once an inspection is announced. The working group will test practical readiness and any barriers identified will be resolved by this group.

14. Given our recent full children's services inspection we do not anticipate being chosen for this JTAI. However, with the recent review of mental health services available to children and families, the improvement made in the last year, developments planned through the LTP and the efforts we are making to ready services for inspection, should an inspection take place we are confident that we will be able to demonstrate to the inspection team that this is an area in which the partnership delivers a range of effective services and knows the areas in which improvements are required with improvements already being delivered.

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Director Families and Children

Wiltshire Council